A New Self



Ephesians 4.17-5.2

Background: Ephesians

- Authorship: Paul
- Prison Epistle
- Written to the saints in Ephesus
- •Theme: "Blessed in Christ to be like Christ"

Our Life

- In the past we were dead to our sin, living the same way as the world
- •God has given us a new life through his grace and mercy
- Our new life should not look like our old life
- •85% of Americans claim "Christianity"

Ephesians 4.17-24

- No longer walk as the Gentiles
 - Darkened
 - Alienated
 - -Ignorance
 - -Hardened Hearts
 - Given over to ungodly desires
- It's a picture of the old self we see in verse 22 we all need to lay aside

Lay Aside The Old Self

- We don't want to live in darkened understanding or alienated from God
- Sin destroys relationships, drives us into the direction of greed, lust, adultery, slanderous words, theft, pride, and much more
- Many of us can think of sins in the past or present that damage our spirituality

Mind and Heart

- Ephesians 4.23
- Often the greatest battle we face is the battle of our mind and heart
- The condition of our heart and mind shape how we think, how we see the world, ourselves, how we interpret and respond in circumstances
- Proverbs 4.23 says, Above all else, guard your heart, for everything you do flows from it

What Is The Difference?

- 25- Put away falsehood
- 26- Righteous anger that does not sin
- 27- Give no opportunity for the devil
- 28- Do not steal but work hard to give back
- 29- No corrupt talk come from your mouth
- 30- Do not grieve the Holy Spirit
- 31- Put away bitterness, wrath, anger, clamor, slander, and malice

New Self

- Ephesians 4.25
 - Be kind to one another
 - Tenderhearted
 - Forgiving one another
 - Ephesians 5.1-2
 - Therefore be imitators of God, as beloved children. 2 And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Old vs New

- Paul tells us that there has to be a difference
- If we are living a new life, then we aren't doing the same things as the people in the world
- We are going to talk different, love different, spend our time different, spend our money different
- He gave us new life so we can live a new way

Conclusion

- Nick and Amanda made sure what happened at church didn't stay at church
- They let God radiate off of them and their families noticed and wanted that too
- They both lived out their new lives every day by loving God and their neighbors