Psalm 51

- "Confession is good for the soul." Most of us have heard this statement before.
- Probably from our parents, no doubt, to get us to admit to some wrongdoing.
- Today, we will observe how this statement is true in two ways.

Part one of our study will focus on being transformed through confessing sin.

 Part two of our study will focus on being transformed by confessing Christ.

Although, these are two separate types of confessions, that doesn't have to mean that they are completely unrelated.

What we come to understand is that a confession of Jesus as the Son of God is quite frankly an acknowledgment of his righteousness and my unholiness.

Having said that, let's explore how we can be transformed by confessing sin in our lives.

Confessing sin leads to.....

HONESTY

It produces an openness with ourselves.
James 5:16 talks about us confessing <u>OUR</u> faults. David was open about his sins- Ps. 51.
Recognizing our faults will help us address them.
John 1:8

Confessing sin leads to.....

HUMILITY

Romans 3:23

There is an awareness of who we are.
"God resists the proud but gives grace to the humble."- James 4:6

Confessing sin leads to.....

HELPFULNESS

James 5:16

- **Our confessions can help others.**
 - Our confessions result in prayers from others.
- I John 1:9- Confessions bring help from God.

Confessing sin leads to.....

HOPEFULNESS

Ps. 51:3-4; 7-14

God can restore to us the joy of salvation.

The promise of God to forgive and forget our sins fills us with the hope of heaven.

This should lead us to share that hope like David.

Confessing Christ shows.....

COMMITMENT

We are declaring our allegiance to the Son of God. We are telling the world where our loyalties lie.

Matt. 10:32 Acts 5:27-32

Confessing Christ demonstrates.....

Matt. 10:32 Acts 4:5-14 - When they saw the "boldness"....they were astonished.

II Tim. 1:12- "I know whom I have believed....

Confessing Christ produces...... CALMNESS

When you are a servant of the Son of God, then there is a peace that settles on you.
Acts 21:7-14
Phil. 4:6

Confessing Christ results in.....

Roman 10:10 It leads to salvation!!! Phil. 1:13-21 II Tim. 4:6-8