#### Kindness

#### What is Kindness?

- Kindness- the quality of being friendly, generous, and considerate
- "hesed" appears 250 times in the old testament
- Our work "Kindness" appears 12 times in the New Testament.
- "Chrestos" is the word used for kindness when talking about the fruit of the spirit.
- We need kindness in this world.

#### 1. Be like God (Exodus 34:6)

- In the Bible, the terms remember, remind, and remembrance appear around 300 times. In our walk with God we have the ability to increase our depth and gratitude when it comes to our understanding of His kindness.
- One of the most used terms in the Old Testament is "kindly disposition"
- God's kindness is seen when he sends his Son as our savior (Ephesians 2:7)

### 2. Kindness in a Barren Land (Luke 10:25-37)

- Jesus tells us the story to teach us what it means to love your neighbor
- When we recognize our blessings and our power to help others, we can reach out in kindness to be a good neighbor to others
- In todays world we can use as much kindness as we can get.

## 3. Building Others Up (Ephesians 4:29-32)

- It does not take nearly as long to tear someone down as it does to build them up
- God's desire is for the church to be in the people building business, if we are to be like Jesus we will watch our words
- Paul instructs Christians to eliminate negative action
- Why be kind in an unkind world?

# 4. What Hat? (Colossians 3:12)

- You can tell a lot about a person by the way they dress
- Spiritually, children of God are to dress to match our Christian identities
- While kindness is about having the right attitude, it is our love, compassion, and desire to be Christ-like
- Kindness does not always mean the absence of conflict

### 5. Fruit of the Spirit (Galatians 5:22-23)

- As kindness is part of God's nature, it is clearly identified as being part of what a faithful christian should possess
- Kindness is a virtue universally admired, but the difference between Christian kindness and worldly kindness is that Christian kindness never stops.
- Kindness can motivate people to repentance

#### Conclusion

- It is easy to not be kind in an unkind world
- It is easy to go through the motions in life, "I'm not being unkind so I'm good"
- Keep in mind the kindness of God
- Treat others the way you want God to treat you