

The background is a light blue gradient with several realistic water droplets of various sizes scattered across it. Some droplets are at the top, some at the bottom, and some on the sides. They have highlights and shadows, giving them a 3D appearance.

**HELP!! I'M  
DROWNING!!**

**MATTHEW 14:22-33**

# HELP!! I'M DROWNING!!

- HAVE YOU EVER HAD A SCARY MOMENT WHEN YOU'VE BEEN SWIMMING OR AROUND WATER? MAYBE YOU FELL IN SOME WATER OR MAYBE YOU AREN'T QUITE AS STRONG OF A SWIMMER AS YOU THOUGHT!
- WHEN WE THINK OF DROWNING WE OFTEN USE THE TERMS HOPELESS AND HELPLESS! MATTHEW 8&18 - HEBREWS 11.
- HOW CAN WE APPLY THIS CONCEPT TO OUR SPIRITUAL LIVES?

# HELP!! I'M DROWNING!!

- WE MAY KNOW SOMEONE WHO IS “SINKING DEEP IN SIN” AS THE SONG SUGGESTS.
- SIN IS OFTEN THOUGHT AND REFERRED TO IN THIS SENSE. WE THINK OF IT AS ENSNARING US. PREVENTING US FROM DOING WHAT WE WANT – PROVERBS 5, 12, 29
- HOW CAN WE RESCUE THEM, AND KEEP OURSELVES FROM DROWNING?

# AVOID DROWNING BY NOT GETTING SUCKED IN!

- JAMES 1:12-15 IS A GREAT EXPLANATION OF HOW WE CAN GET SUCKED IN. IT'S A TINY POISONING EACH DAY.
- WE HAVE TO BE CAREFUL WHEN WE CONSIDER OUR RELATIONSHIPS AND ACTIONS. NO ONE EVER INTENDS TO DROWN. NO ONE (WE HOPE) BEGINS THE DAY THINKING TODAY IS THE DAY I'M GOING TO LET SIN PULL ME AWAY!
- HEBREWS 3 & 4 – JAMES 4:8

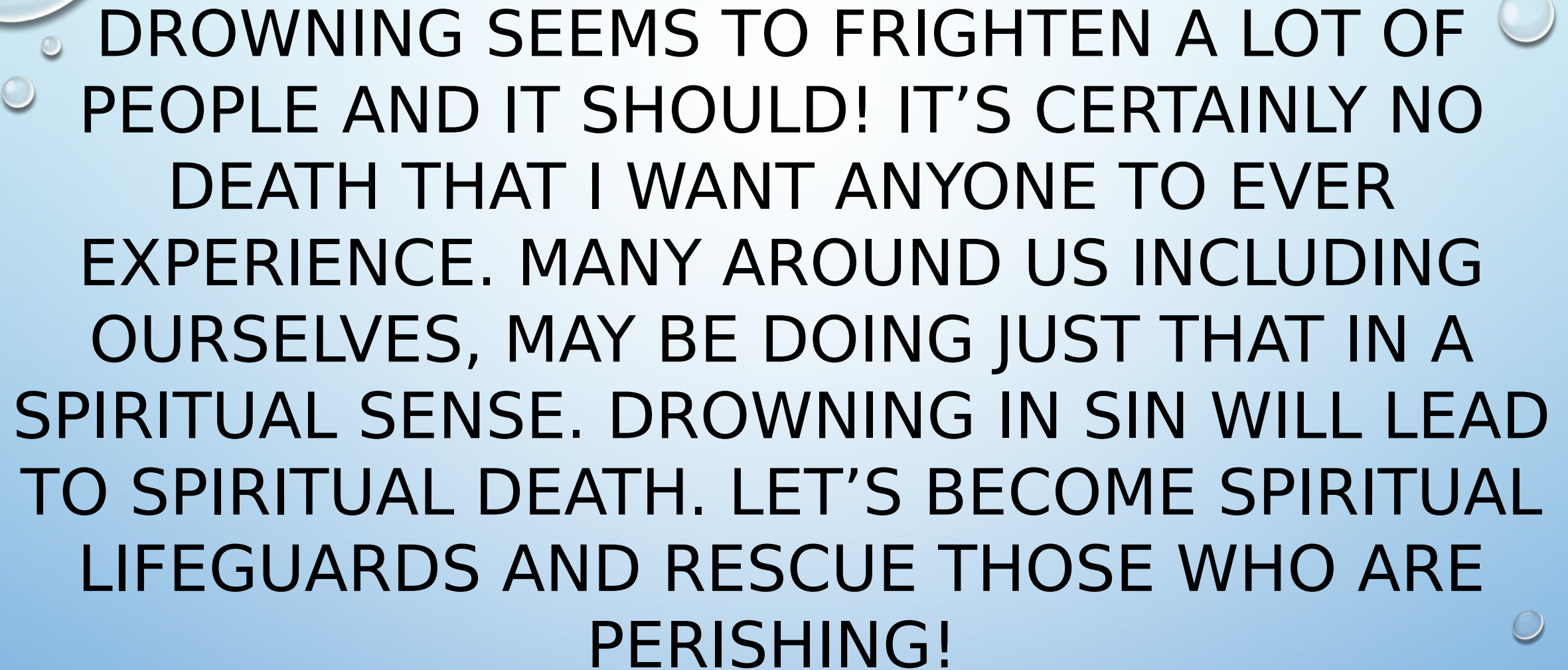
# AVOID DROWNING BY RECOGNIZING DEEP WATER!

- JOSEPH (DESPITE HIS FLAWS) SAW DEEP WATER WITH POTIPHAR'S WIFE.
- JAMES 4:7, 1 TIMOTHY 2:22
- OFTEN TIMES WE SEE EXACTLY HOW CLOSE WE CAN GET TO SOMETHING DANGEROUS. THIS IS THE OPPOSITE OF BIBLICAL ADVICE.
- IF THE WATER IS OVER YOUR HEAD, YOU MIGHT BE DROWNING AND NOT EVEN KNOW IT!



# AVOID DROWNING BY STAYING CALM & FOCUSED!

- HOW? BY MAKING IT ALL ABOUT THE PRINCE OF PEACE.  
ISAIAH 9:6
- PETER LEARNED THE LESSON OF FOCUSING ON JESUS. HE WAS BRAVE AND GOT OUT OF THE BOAT, BUT QUICKLY BECAME DISTRACTED, SCARED, UNFOCUSED.
- HEBREWS TALKS ABOUT “LOOKING TO JESUS” – WE NEED TO MAKE THIS A PART OF DAILY LIFE. DON’T WAIT UNTIL THE WATERS ALMOST ENGULFED US.

The background is a solid light blue color. It is decorated with several realistic-looking water bubbles of various sizes. Some bubbles are at the top left, some at the top right, and a cluster of larger bubbles is at the bottom right. The bubbles have highlights and shadows, giving them a 3D effect.

**DROWNING SEEMS TO FRIGHTEN A LOT OF  
PEOPLE AND IT SHOULD! IT'S CERTAINLY NO  
DEATH THAT I WANT ANYONE TO EVER  
EXPERIENCE. MANY AROUND US INCLUDING  
OURSELVES, MAY BE DOING JUST THAT IN A  
SPIRITUAL SENSE. DROWNING IN SIN WILL LEAD  
TO SPIRITUAL DEATH. LET'S BECOME SPIRITUAL  
LIFEGUARDS AND RESCUE THOSE WHO ARE  
PERISHING!**